



The Royal Oak

HOTEL

Borrowdale, Keswick

WELCOME TO OUR JULY NEWSLETTER

Savour the Summer

TEEN ADVENTURES & EPIC DAYS OUT AROUND KESWICK THIS SUMMER

If you're holidaying at the Royal Oak at Rosthwaite with teenagers this summer, you certainly won't struggle to keep them entertained! From thrilling outdoor adventures to unforgettable walks and unique animal experiences, the Keswick area is packed with activities guaranteed to get teenagers away from their phones and into the great outdoors.

Take to the Water

The Lake District is the perfect playground for water-based adventures, and there are plenty of exciting activities for energetic teens to enjoy.

Paddleboarding has become hugely popular around Derwentwater, where calm waters and stunning scenery make it ideal for beginners and experienced paddlers alike. It's a fantastic way to explore the lakes while enjoying a little challenge and lots of laughs along the way.

For families wanting something even more adventurous, canoeing and kayaking offer the chance to explore hidden bays, islands and beautiful shorelines. Guided sessions are available locally and are suitable for all experience levels.

For the real thrill-seekers, river gorging is one of the most exciting activities available in the area. Expect scrambling over rocks, plunging into pools, climbing waterfalls and navigating fast-flowing streams, all under the guidance of experienced instructors. It's wet, wild and guaranteed to be memorable!



Climbing, Heights & Adrenaline

If your teenagers love a challenge, the Lake District offers plenty of ways to test their nerve. Indoor climbing walls around Keswick provide a brilliant introduction to climbing, whatever the weather. They're ideal for building confidence and burning off energy after a day of sightseeing. For something truly unforgettable, head to the famous Honister Slate Mine where adrenaline-fuelled climbing challenges await. The Via Ferrata experiences involve climbing metal ladders, crossing rope bridges and tackling exposed mountain routes high above the valley floor. The views are incredible if you're brave enough to look up!

Epic Walks for Active Teens

The Lake District is made for adventure, and older children and teenagers often love the sense of achievement that comes with completing a big walk.

A few favourites include:

Catbells – one of the area's most popular family-friendly mountains with rewarding views over Derwentwater.

Castle Crag – a shorter but exciting climb right from Rosthwaite, perfect for younger teens.

Helvellyn via Striding Edge – for experienced walkers seeking a real mountain adventure.

Watendlath Tarn Walk – ideal for a gentler scenic day out with plenty of picnic spots.

Always check weather conditions before setting out and make sure everyone has suitable footwear, waterproofs and plenty of snacks!

Alpacas, Llamas & Something Completely Different

Looking for a calmer day out? Why not spend time with some very fluffy companions!

Alpacaly Ever After offers unforgettable alpaca and llama walking experiences near Keswick.

Teenagers absolutely love taking these gentle animals out for walks while learning more about their personalities and care. It's quirky, fun and makes for fantastic holiday photos too!



SAVOUR THE SUMMER, SAVOUR THE FOOD

Get into the slow lane, book a break at the Royal Oak and have a complete rest from your usual routine. Simply get outdoors, banish the blues and feel nature's benefits to your health and wellbeing.

The ambience of the hotel and our serene, stunning location with doorstep access to the best display of fell walking in the country is good for the mind, body and soul to connect with nature and enjoy the slower pace of life. Our authentic, historic charm and rural surroundings offer a change from reality and routine.

Summer in the Lake District is the perfect time to relax, unwind and enjoy exceptional food in beautiful surroundings. At the Royal Oak at Rosthwaite, Head Chef David Lee and his talented kitchen team take great pride in creating delicious evening dishes inspired by the seasons and the wonderful local produce available throughout Cumbria.

With a daily changing menu, guests can look forward to freshly prepared meals full of flavour, creativity and comforting favourites, the perfect way to end a day exploring the lakes and fells. There's no better place to savour the flavours of summer.



ULLSWATER DAY OUT

If you're looking to explore beyond Borrowdale during your stay at the Royal Oak at Rosthwaite, a day trip to Ullswater is highly recommended. Often described as one of the most beautiful lakes in the Lake District, Ullswater offers breathtaking scenery, charming villages and plenty to see and do for all ages.

The journey from Rosthwaite takes around 40 minutes and is wonderfully scenic, winding through dramatic mountain passes and picturesque countryside before arriving at the shores of Ullswater. Many visitors begin their day in the popular village of Glenridding, where you'll find lakeside cafés, independent shops and opportunities to get out on the water. Ullswater Steamers offer relaxing cruises across the lake, allowing you to take in the spectacular views from a completely different perspective. For those who enjoy walking, Ullswater has something for everyone. One of the most popular routes is the walk to Aira Force, a stunning waterfall surrounded by woodland paths and stone bridges. The sound of rushing water and towering trees makes it a favourite spot for photographers and families alike.

More adventurous walkers may wish to tackle part of the famous Helvellyn range from Glenridding, while those seeking a gentler day can simply enjoy a stroll along the lakeshore with an ice cream in hand.

Ullswater is also a fantastic destination for paddleboarding, kayaking and canoeing during the summer months, with equipment hire available locally for anyone wanting to enjoy the lake up close. After a full day of exploring, sightseeing and fresh Lakeland air, returning to the Royal Oak offers the perfect opportunity to relax, unwind and enjoy a delicious evening meal in comfortable surroundings.



THE NAMING OF OUR ROOMS

At the Royal Oak, several of our bedrooms have recently been given beautiful new names inspired by the surrounding Lake District landscape and heritage, each with its own unique character and charm.

Room 23, one of our superior rooms, is now known as The Wordsworth Room. Inspired by the famous poet and the beauty of the Lakes, the room features a lovely annex space complete with an elegant writing desk, the perfect spot for quiet reflection, which also doubles as a stylish dressing area.

Our superior Room 24 has been renamed The Derwent Room, taking its name from the nearby Derwentwater. This spacious room includes a comfortable annex area with a table and chairs, ideal for relaxing after a day exploring the fells.

Our romantic four-poster bedroom is now called The Rydal Room, named after the peaceful waters of Rydal Water. With its elegant décor and cosy atmosphere, it offers the perfect retreat for a relaxing Lake District escape.

Meanwhile, Room 19 has become The Herdwick Room, celebrating Cumbria's iconic Herdwick sheep. Featuring luxurious soft furnishings with beautiful sheepskin throws and warm country touches, the room perfectly captures the charm and character of the Lake District countryside. This room can be either a double or a twin and is reserved for guests with no dogs.

These beautifully named rooms are among the finest at the Royal Oak at Rosthwaite, offering guests our highest specification accommodation with plenty of character and charm. Elegantly furnished with stylish décor and luxurious touches throughout, each room has its own individual personality while overlooking the peaceful beck, creating a wonderfully relaxing setting for a Lake District escape.



SUMMER DEAL, WHY STAY FOR 2 NIGHTS WHEN YOU CAN STAY FOR 3?

Make the most of a summer break at the Royal Oak Rosthwaite, in the beautiful Borrowdale Valley!

Book a stay with us on a bed, breakfast and evening dinner plan

Friday 31 July and Saturday 1 August

Friday 14th and Saturday 15th August

And we'll give you an extra FREE night, bed and breakfast when you add either Thursday or Sunday to your booking

✓ Stay 3 nights, pay for 2

✓ Bed & Breakfast complimentary extra night Thur or Sun

✓ Perfect for walking, relaxing, and exploring the Lake District

This exclusive offer is available for new bookings only and on all room types, subject to availability.

To book, contact us directly and quote "3 FOR 2 SUMMER OFFER".

Book now 01768 777214 and enjoy an extra night on us at The Royal Oak Rosthwaite!

The Royal Oak
HOTEL
Borrowdale, Keswick

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STAY OFFER**

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@theroyaloakhotelborrowdale

WE'VE ONLY GONE AND DONE IT AGAIN!

We have recently been awarded another prestigious award by TripAdvisor, the Travellers' Choice Award, which is given to the top 10% of hotels worldwide. The award is based on the quality and quantity of reviews and ratings that constantly demonstrate a commitment to hospitality excellence. This is our 4th Year of winning the award! We would like to thank all our guests for taking the time to post reviews and share their experience of staying at the Royal Oak. Please keep those good reviews rolling in.



Tripadvisor
Travellers'
Choice™