

Breakfast

--- Continental Breakfast ---

Freshly Squeezed Orange or Ruby Grapefruit Juice
Fresh Melon - Fresh Fruit Salad - Ruby Grapefruit Segments, Poached Pears, Plums and Prunes

Dried Fruit and Nuts
Cornflakes, Muesli, Granola, Bran Flakes, Weetabix, Shredded Wheat, Rice Krispies
Natural Yoghurt and Fruit Compote
Fresh Fruit Basket

Continental Meats and Cheese Platter

Croissants, Pain au Chocolate, Freshly Baked Bread
Homemade Marmalade, Cornish Honey

Selection of Teas

English Breakfast	Assam	Chamomile
Darjeeling	Earl Grey	Green
Lapsang Suchong	Decaffeinated	Peppermint

Selection of Fruit Tea

Cafetiere of Coffee, Flat White, Cappuccino, Espresso, Decaffeinated, Hot Chocolate

Continental breakfast may be served in your room without further charge

--- English Breakfast ---

In addition to the Continental Breakfast the following items are cooked to order

Porridge, Cream and Brown Sugar

The Nare Full House
or any combination of the following:

Grilled Farmhouse Back or Smoked Streaky Bacon, Cornish Pork Sausage, Tomato,
Field Mushrooms, Black Pudding, Hogs Pudding, Grilled Lambs' Kidneys,
Free Range Eggs – Boiled, Fried, Scrambled or Poached

Scrambled Eggs and Smoked Salmon with Brioche

Eggs Benedict
Cornish Cured Kipper
Cornish Smoked Haddock
Traditional Kedgeree

Full English breakfast may be served in your room There is a small service charge.

TheNare